



June 2022

Bay County Department on Aging

WONDERFULTIMES ...for all of us!

Thank you to the family of Dick DeMara for the donation in their father's name. Department on Aging received a donation towards the Home Delivered Meal (HDM) program along with a heartfelt thank you to our HDM Driver Lisa Smith for bringing a "ray of sunshine" when delivering the meal to Mr. DeMara. We are exceedingly grateful to the DeMara/Schweiss family for the donation.



Bay County Department on Aging was the recipient of a grant from HEMLOCK SEMICONDUCTOR Community and Regional Empowerment (CARE) Fund of 2022. DOA was able to purchase a much

needed 3 door freezer and proofing cabinet. This will assist the Central Kitchen with continuing to provide services to the 60 year and better Bay County residents. Staff at Department on Aging are very thankful to HSC for their support of our programs.



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WELCOME— Department Corner

Scams, they seem to be everywhere and the scammers are getting smarter! Scams work because they look and sound like the real thing and catch us off guard when we least expect it.

Seems like they are at it again. One of our clients received a call from someone pretending to be from Consumers Energy, stating that "if they didn't pay the balance of their bill with them now they would be shut off in thirty minutes." This person recognized that this was not Consumers calling and when they stated this the caller then hung up.

Consumers Energy, Social Security, the IRS, or Your bank will not ask you for your personal information!

If you receive any suspicious texts, email or calls on either your phone or computer, remember you do not have to open or respond to them! Just hang up your phone or delete the text or email.

Keep your personal details secure, for example your birthdate, social security number, Medicare number, and your pin numbers; these should be kept in a secure place.

Remember to choose your passwords carefully, don't use anything personal in them like a birthdate or a pet's name, and if you do write them down keep that paper in a secure place as well.

Always, Always, Always be aware of any requests for your personal information or financial information.

Department on Aging wants each of our clients to be alert and protect yourself!

*Beth Eurich,
Department on Aging
Director*



With summer upon us, we are starting to take applications for Senior Project Fresh. Senior Project Fresh provides coupons to adults 60 years and better, to use like cash at registered farmers markets and roadside stands. Eligible items to purchase are unprocessed fruits, vegetables, and honey that are native to Michigan and it's bordering states of Ohio, Wisconsin, and Indiana. This year, eligible participants will receive \$25 worth of coupons.

Eligibility Requirements:

1. Bay County residents, 60 years and better (or 55 years and better if a member of a Michigan federally recognized tribe or urban tribal group)

2. Income requirements below:

a. Single Person - \$23,828 per year

b. 2 Person - \$32,227 per year

How to Apply:

Contact the Department on Aging Office to schedule an appointment. Appointments will be filled on first come, first served basis until all coupons are distributed. Please call 989-895-4100 to schedule your appointment.

*Jessica Somerlott,
Senior Services
Manager*



Events and more...

Carrie Blohm, from Mr. Frog Repair will be instructing our 60+ population on getting the most out of their Samsung Tablet. Surprise your family and friends by becoming more cyber savvy.

Classes will cover a variety of the basic functions of your Samsung Tablet. Class size is limited to allow for more individualized instruction. Each class is \$12.50 which includes the \$10.00 class fee and \$2.50 Salad/Wrap. **Registration and payment deadline is Monday, June 20.**

Class 1 - Tuesday, July 5, 2022 - Basic operation/navigation

Class 2- Tuesday, July 12, 2022 - Settings & functions

Class 3 - Tuesday, July 19, 2022 - Voicemail, texting, internet

Class 4 - Tuesday, July 26 , 2022 - Wrap up/ Review



Classes are being held from 4:00pm to 6:00pm at the Riverside Activity Center, 800 J F Kennedy Drive, Bay City, 48706.

Contact me with any questions at (989) 895-4100 Monday-Friday, 8:00 am to 4:00 pm
Patty Gomez, Programming Services Manager

Greetings!

As we roll into summer, I just wanted to wish everyone a happy and healthy season!

Please note for June that we had some menu changes and a new menu item introduced. Due to the continuing supply issues it is important to remember that sometimes what is seen on the menu needs to be change to ensure we can get the particular items for the recipe. We understand it is an inconvenience, however something we have learned to adapt to daily.

For June, please note that on the 2nd, we will be introducing a new recipe, "Sweet and Sassy Meatballs". This will replace what you see in the menu currently, which is Chicken Tenders Meal.

Please remember, menu items can change at any given time. We try to avoid this, however we will always ensure that the meal is delicious and nutritious. Stay tuned for more new menu items.

Zach Brunett,
Nutrition Services Manager



Miscellaneous

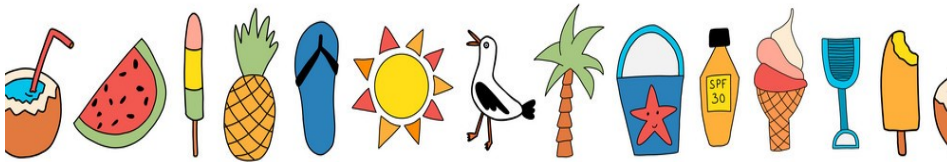
Brookdale Senior Living

at
734 N. Pine Road
Bay City, MI 48708

We have openings for Assisted Living and Memory care clients. Our assisted living community offers fun and freedom while making sure you have access to the assistance you need. Also are Alzheimer's and Dementia Care program, also known as Clare Bridge, is rooted in "a person centered approach." It means we help our residents find a sense of belonging and purpose while also helping them preserve who they are. We offer full dining program, full activity calendar and so much more. Please call now for more information and set a time for a quick tour. Let us help you make the change.



(989) 293-5188



Virtual: Bay County Alzheimer's/Dementia Caregiver Support Group Meeting

When: Tuesday, June 14, 2022 6:00pm-8:00 pm

Where: On your computer or your phone

-please log on 10 minutes early in case you have to upload or update the Zoom program on your device-
(you will receive an email invitation to the meeting if you provided an email address)

Facilitator: Stacy McIntyre, MSW, LMSW

Information: 892-6644

OR go to Zoom and enter the following information:

Meeting ID: 937 4213 3053

Passcode: 547563

OR Dial-In: 1-888-788-0099 US Toll-free. Save this link for all future meetings until we meet in person again.

Golden Horizons
Adult Day Center
1001 Marsac St.
Bay City, MI 48708
(corner of Broadway & Fremont)

Now Accepting New Enrollments
This social program for older adults with memory loss allows for the person to participate in activities during the day and return to the comfort of their home at night. If you are having difficulty finding meaningful, stimulating activities for a family member, your family member is becoming socially isolated, or they require supervision while you are gone, Golden Horizons may be just what you need. There is no charge for the first two visits to try out the program.

*Covid 19 precautions include daily health screenings, frequent hand washing, social distancing, daily sanitization of all supplies and environment. Staff and current participants are fully vaccinated. All visitors must be vaccinated or show proof of a current negative COVID test result. Hours: Monday thru Friday 10:00 a.m. to 4:00 p.m.

Breakfast, lunch, and snacks included in cost.

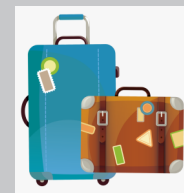
Cost: \$9.50 per hour.

Financial assistance may be available.

For more information or to schedule a visit call:
(989) 892-6644.

TEMPORARILY AWAY

The Wonderful Times newsletter is mailed under a non-profit bulk mail rate and is not forwarded by the Post Office. If you plan to be away or are moving, please call the main office at 989-895-4100.



Karen Bublitze- Site Coordinator
989-892-6605

CANTEEN

Mon – Fri 9:30am–1:30pm
800 Livingston Avenue (Bay County Fairgrounds) | Bay City, MI 48708

Tue. Indoor walking and Coffee Hour 10am

Wed. Euchre—New players welcomed 10am

Fri. Grocery BINGO 25¢ per card 10:00am

****Osteo classes and Shuffleboard will be taking a summer break. Osteo will be back in August and Shuffleboard will be back in the fall!****



We would like to send out a big thank you to Debbie Grasso from Brookdale for sponsoring our Mother's Day Celebration with cake and ice cream!



Alison from **Hearing Solutions** will be here to discuss available options for your hearing issues.



**Tuesday June 21st
at 10:30am**

Let's celebrate summer with a cool refreshing treat! Root Beer floats will be served after lunch on Tuesday, June 14th at 12:00pm



Following the CDC recommendation Department on Aging will NOT be requiring masks to be worn by all participants while inside the Activity Centers. Masking will be up to the individual participant. Staff will still be required to wear a mask while in contact with participants. Thank-you.

Jan Davenport - Site Coordinator
989-245-0102

KAWKAWLIN

1800 East Parish Road | Kawkawlin, MI 48631

Wed & Thur 9am-12:30pm

Daily Puzzles, Board Games and Cards

Blood Pressure Clinic!!
Our Nurse
Shantel Campfield, RN
will be in Kawkawlin
on
Wednesday, June 8th
from
11:30am to 12:30pm!



Gardening

Word Search Puzzle



DONATIONS ACCEPTED

As you know, there is no annual subscription fee to receive this Wonderful Times newsletter; however, we would be happy to accept any **donation** (whatever you can afford) to help defray the cost of postage.



CLIPPERS	RAKE	SUNSHINE
COMPOST	SEEDS	TILLER
FLOWERS	SHEARS	TROWEL
GARDEN HOSE	SHOVEL	VEGETABLES
GLOVES	SNAILS	WATER
HERBS	SNIPS	WATERING CAN
HOE	SOIL	WEEDS
PLANTING	SPADE	WHEELBARROW

Following the CDC recommendation Department on Aging will NOT be requiring masks to be worn by all participants while inside the Activity Centers. Masking will be up to the individual participant. Staff will still be required to wear a mask while in contact with participants. Thank-you.

Rebekah Wieland- Site Coordinator
989-245-0290

WILLIAMS

1080 West Midland Road | Auburn, MI 48611

Mon-Thurs 9am-1pm

Mon. Walking Club 10am (First 5 people to come will receive a meal coupon)

Tue. Euchre 10am, Video Exercise \$.25 to participate 10am-11am

Wed. Walking Club 10am

Thur. Euchre 10am, Video Exercise \$.25 to participate 10am-11am

Join us for a Father's Day Celebration!
We will be having donuts from
Tim Horton's!

Thursday, June 16th
at 10:00am
Please RSVP by
June 9th.



On Tuesday, June 21st at 11:00am we will be celebrating
June Birthdays!

If your birthday is in June come
in and we will celebrate you!
Cupcakes will be provided.



Come Paint with us!!!
Thursday, June 30th at 10:00am
'Down On the Farm' painting!
Angie from Angie's Art Ala Carte will be
here to help us paint a cute cow!



**Cost is \$20 and limited to
8 participants.**

Please RSVP BY June 22nd

Blood Pressure Clinic!

Our nurse,
Shantel Campfield, RN,
will be here at Williams on
Thursday, June 9th
from 11:30am-12pm



Karaoke Day!!!!!!

Come have some fun singing some
good, old tunes!



**Thursday,
June 9th
at 11:00am
Please RSVP
by June 2nd**



Following the CDC recommendation Department on Aging will NOT be requiring masks to be worn by all participants while inside the Activity Centers. Masking will be up to the individual participant. Staff will still be required to wear a mask while in contact with participants. Thank-you.

Amanda Goulet - Site Coordinator
989-893-7070

RIVERSIDE

Mon-Fri 9am-2pm
800 J.F. Kennedy Drive | Bay City, MI 48706

Blood pressure clinic!!

Come out and see our nurse
Shantel Campfield, RN
on
Monday, June 6th 11:30am
until 12:30pm.



Mon. Hand and Foot 12:30pm
Smear 12:30pm

Tues. Knit/Crochet Group at 9:00–12pm (Craft Room)
Bid Euchre 9:45am-12pm
Cribbage 12:30-3:00pm

Wed. Euchre 9:45am—12pm
Double Pinochle 12:30pm

Thurs. Puppy Sitting 9:30am-12pm
Dominoes 12:30pm

Fri. Line Dancing w/Marilyn 10am—\$3 fee
Pinochle 12:30pm

ACRYLIC PAINTING CLASS WITH STEVE WOOD

Klikea Castle

On Monday, June 6
There will be 2 classes available.
9:30am-12pm and 1pm-3:30pm
Call Amanda to register.



Painterly Pottery Painting Party!

Choose between a coffee mug or a bowl. The cost will be \$15 for supplies and lunch.

Friday, June 17th
at

10:00am

Reservation and payment
must be received by
June 10th.



Following the CDC recommendation Department on Aging will be requiring masks, FOR YOUR SAFETY, to be worn by all Staff and Participants when inside the Activity Centers. Mask may only be removed when eating the noon meal. Masks need to be put back on when you are finished eating. Thank-you.

989-895-5968

HAMPTON A.M.

Mon-Thurs 10am-2pm

801 WEST CENTER ROAD | ESSEXVILLE, MI 48732

Congratulations Irma!

Irma's last day will be Thursday, June 2nd.

We will miss you! Thank you for your time with the Bay County Department on Aging!

Please stay tuned for information about the events happening here at Hampton AM.

THE LITERACY COUNCIL OF BAY COUNTY IS IN NEED OF VOLUNTEER SUMMER TUTORS

Students are kindergartners to 3rd graders who are behind in reading or math.

You would receive training and meet with your student twice a week for 45 minutes each session. Tutoring would take place at safe approved sites such as libraries.

Tutoring runs from mid-June to mid-August

We provide all materials and tutors must agree to a free background check.

Literacy

Achievement Empowerment Excellence Education Instruction Passionate Building Helping


To volunteer please call or email at
Office 989.892.5002
Bayliteracy1986@att.net

Following the CDC recommendation Department on Aging will NOT be requiring masks to be worn by all participants while inside the Activity Centers. Masking will be up to the individual participant. Staff will still be required to wear a mask while in contact with participants. Thank-you.

June 2022

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HOME DELIVERED MEALS and ALL ACTIVITY CENTERS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(30)  MEMORIAL DAY <i>Remember & Honor</i>	(31) SAUERKRAUT AND PORK (21) Broccoli w/Cheese Sauce (6) Whole Wheat Bread (10) Strawberry Applesauce (13)	(1) CLASSIC HAMBURGER (0) ON A WHOLE WHEAT BUN (25) Down-Home Fries (15) Fresh Tossed Salad (3) Baked Apples (23)	(2) SWEET AND SASSY MEATBALLS (21) Diced Redskin Potatoes w/ Onion (13) Glazed Carrots (10) Whole Wheat Bread (10) Gala Apple (29)	(3) CHICKEN NOODLE SOUP (30) Mixed Vegetables (11) Southern Style Biscuit (12) Fig Newtons (20)
(6) CHICKEN BREAST w/TARRAGON GRAVY (4) OVER BROWN RICE (16) Colorful Peas/Carrots (9) Whole Wheat Bread (10) Snickerdoodle (28) Cranberry Juice Cup (17)	(7) HEARTY GOULASH (28) Southern Succotas (20) Multigrain Dinner Roll (27) Chocolate Mousse (27)	(8) MARINATED CHICKEN BREAST (1) BAKED POTATO (18) w/broccoli cheese sauce (6) Banana Pudding (25)	(9) POLLOCK ALMONDINE (7) Cheesy Mashed Potatoes (16) Mixed Vegetables (11) Whole Wheat Bread (10) Mandarin Oranges & Pineapple Chunks (20)	(10) TACO SALAD (26) Strawberry Kiwi Slushie (22)
(13) GOURMET CHICKEN TETRAZINNI (31) Kyoto Blend Vegetables (9) Hawaiian Roll (0) Apricots (15)	(14) SAVORY BEEF STEW w/ VEGETABLES (9) Garlic/Cheese Biscuits (10) Parmesan Brussels Sprouts (7) Whole Wheat Bread (10) Fresh Clementine (9)	(15) PATTY MELT ON (6) WHOLE WHEAT BUN (25) Oven-Baked Potato (33) Colorful Peas and Carrots (9) Apple (21)	(16) HAM (1) Scalloped Potatoes (21) Green Beans Almondine (6) Whole Wheat Dinner Roll (23) Orange (18)	(17) CHICKEN & PASTA ALFREDO(21) Diced Carrots (7) Hawaiian Roll (0) Fresh Pear (23)
(20) GOLD COAST PORK CHOPS(1) Ranch Mashed Potatoes(17) Garden Green Peas (11) Chocolate Chip Cookies (27)	(21) SCRAMBLED EGGS (3) Sausage Links (1) French Toast Sticks (54) Whole Wheat Bread (10) Orange Juice Box (13)	(22) COD FISH FILET (17) Whole wheat bun (25) Redskin Potatoes (23) Corn (21) Tapioca Pudding (25)	(23) CRISP CHICKEN FINGERS (11) Tater Tots (17) Cali Blend Veggies (4) Whole Wheat Bread (10) Chocolate Pudding (27)	(24) SPINACH SALAD (46) Fresh Orange (18)

REMINDER

for Home Delivered Meals clients:

*You must be home when meals are delivered.

*When absence is unavoidable, please call the main office at 989-895-4100 to cancel meal delivery for that day.

*Suggested Donation for HDM: \$2.75 per meal

*Please be advised, Menu items may contain Nuts!

*Menu is subject to change without notice.

Salad

Available at the Activity Centers only

June 2022

SALAD CHOICE FOR THE WEEK

Week of 5/31 thru 6/3

Antipasta Wrap

Ham and Genoa Salami
Black Olives
Mozzerella cheese
Mild Banana Peppers
Tomatoes
Multigrain wrap

Week of 6/6 thru 6/10

TACO SALAD

Seasoned Beef
Corn
Black Beans
Crushed Taco Chips
Salsa/Ranch Dressing

Week of 6/13 thru 6/17

SEAFOOD SALAD

Imitation Crab Meat
Celery
Green Onions
Water Chestnuts
Cucumber

Week of 6/20 thru 6/24

SPINACH SALAD

Baked Chicken
Egg
Mandarin Oranges
Toasted Almonds
Crushed Croutons
Bacon Ranch Dressing

Menus are subject to
change without notice

ALL LUNCHES
SERVED AT 12 NOON.

Suggested Donation at
Activity Centers: \$2.50 per
meal

Reservations by noon one
day in advance by calling
the Activity Center of your
choice.

For Monday reservations
please call no later than
1pm the Friday before.

Please be advised that
Menu items may contain
nuts!

All menus are certified by
Region 7's Registered
Dietitian.

HELLO
Summer



June 2022

BAY COUNTY DEPARTMENT ON AGING
SECOND FLOOR, BAY COUNTY BUILDING
515 CENTER AVENUE, SUITE 202
BAY CITY, MI 48708-5123

PRESORT STD
US POSTAGE
PAID
BAY CITY, MI
PERMIT NO. 184

Return Service Requested

WONDERFUL TIMES

MISSION STATEMENT

Bay County Department on Aging is dedicated to providing continued opportunities for the 60+ population within our community by maintaining independence, offering social opportunities, and enhancing their lives through quality services in a cost-effective manner.

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Donations Accepted

County of Bay
Jim Barcia
County Executive

Department on Aging – Publisher
Beth Eurich – Director/Editor
Brittany Hawes – Distribution
Jonelle Box – Layout
Liturgical Publications, Inc. - Printer



The Dashboard and Citizen's Guide have been designed to allow our citizens to view important information about Bay County quickly and easily. In accordance with the County Incentive Program, the Citizen's Guide, Performance Dashboard, Debt Service Report, and Projected Budget Report can be viewed on the County website at www.baycounty-mi.gov.